



Our Team

The SCHS Pregnancy and Parent Support team provides support, education and advice about parenting with a sensitive, individual approach. We work in partnership with you, to assist you in developing skills and increasing confidence and enjoyment in pregnancy and parenthood.

Our team has significant experience working with families during pregnancy, early parenthood and beyond.

Parents and carers can attend The Family and Child Hub for information, advice, one on one consultations and group education sessions.

Pregnancy and Parent Support Service also offers in-home support when required.

General Enquiries

PHONE (03) 5021 7621

FAX (03) 5022 5445

POSTAL PO Box 2803 MILDURA VIC 3502

EMAIL familyhub@schs.com.au

www.schs.com.au

**This program is located at the
Family and Child Hub**

**41 Pine Avenue, Mildura
(Across the road from Kmart)**

This program is funded by:



SCHS would like to acknowledge all the traditional tribes on whose land we live and work as the first people of this Nation.

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PREGNANCY & PARENT SUPPORT SERVICE



SCHS
Sunraysia Community
Health Services



Our Service

The SCHS Pregnancy and Parent Support Service works towards a community where:

- Pregnant women and significant others are well, supported and prepared for parenthood.
- Children are healthy, safe, respected and develop to their full potential.
- Parents / carers are knowledgeable, skilled, confident and supported.
- Parents / carers and children enjoy positive interactions and relationships.

Eligibility

The SCHS Pregnancy and Parent Support Service is available to all families in the Sunraysia region who are seeking support to parent or provide care to children.

Service Information

SCHS Pregnancy and Parent Support Service aims:

- Pregnant women and significant others are provided with healthcare and support during their pregnancy
- Children have improved wellbeing and sense of belonging
- Parents / carers are confident in caring for their children
- Parents /carers are responsive, flexible and perceptive
- Families gain practical advice and helpful tips in pregnancy and parenting

SCHS Pregnancy and Parent Support Service provides:

- Pre-parenting support
- Breastfeeding education & support
- Assistance with sleep and settling
- Help to understand unsettled babies
- Support for parents to understand and respond to infant and child behavior
- Circle of Security Parenting program

We tailor our support to meet the unique needs of your family



Cost

In line with SCHS policy, fees are determined at intake based on family income:

Low income:	\$10.20 per visit
Medium income:	\$15.70 per visit
High income:	\$120 initial visit \$75 ongoing visits

Your income will be assessed before you consent to our service.

**Some exemptions apply.*