

Help in your language



We have access to interpreters to ensure all families are fully informed about their care. Please let our team know if an interpreter is required.

What Our Clients Say

“When you get older and you’re sitting alone in your house, and you think something is wrong, you call an ambulance to get checked out. But now the CP@clinic comes close by, you sit down and talk to them, and you find out it’s not something you needed to go to the hospital for... you get peace of mind.”

- CP@clinic Participant



Feedback

Was this brochure helpful? Your feedback is important. The feedback you provide helps us improve the information we hand out to you.



For more information on the program

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This program is funded by:



SCHS acknowledges the Latji Latji, The First Peoples of the Millewa-Mallee and their neighbours the Barkindji as Traditional Custodians of the land on which we work and live.



SCHS is proudly inclusive



Community Paramedicine at Clinic Program





What is a Community Paramedic?

A community paramedic is trained to assist people with managing their health outside the emergency setting. Community Paramedics use their expertise, knowledge and skills to conduct health assessments and provide health advice. They can help you improve your health.

What is CP@clinic?

CP@clinic is a free chronic disease prevention, management, and health promotion service. Designed to support members of the community manage their health outside of the emergency setting.

The CP@clinic aims to:

- Reduce calls to emergency services
- Improve clients quality of life through self-care, ability to engage in usual activities
- Reduce chronic disease risk
- Empower clients to take control of their health and set goals based on their chronic disease risk factors
- Connect clients to primary healthcare services where possible

Our Clinics

Monday	(Weekly)
Red Cliffs Resource Centre 23 Indi Ave, Red Cliffs VIC 3496	1:00PM - 3:00PM
	(Fortnightly)
Mildura Senior Citizens Centre 129 Tenth St, Mildura VIC 3500	9:00AM - 12:00PM
Tuesday (Weekly) <i>(Nash Court Residents ONLY)</i>	
Nash Court Archibald Centre 16 Nash Court, Mildura VIC 3500	9:30AM - 12:30PM
Wednesday (Fortnightly)	
Irymple Senior Centre 2092 Fifteenth St, Irymple VIC 3498	10:00AM - 1:00PM
Thursday (Weekly)	
Merbein Library Main Ave, Merbein VIC 3505	10:00AM - 1:00PM



What happens at a CP@clinic session?

Paramedics conduct 1-on-1 sessions with clients on a regular basis (weekly, biweekly, or monthly)

New clients can drop-in at any time within the designated time slot during the sessions the community paramedic may:

- Conduct several evidence-based health assessments
- Provide referrals to primary care and community resources
- Assist clients in navigating the health care system
- Provide clients with tailored health education
- Engage participants in healthy lifestyle discussions
- Set health goals with participants

What happens to my personal information?

All of your personal information will be kept private and confidential. It will not be shared with anyone or any community services without your consent.

Eligibility

Adults living in the community that require access to healthcare