



Feedback

Was this brochure helpful? Your feedback is important. The feedback you provide helps us improve the information we hand out to you.



SCHS
Sunraysia Community
Health Services

This program is located at

5 Johns Street, Mildura

General Enquiries

PHONE (03) 5022 5444

FAX (03) 5022 5445

POSTAL PO Box 2803, MILDURA VIC 3502

EMAIL schs@schs.com.au

www.schs.com.au

This program is funded by:



SCHS acknowledges the Latji Latji, The First Peoples of the Millewa-Mallee and their neighbours the Barkindji as Traditional Custodians of the land on which we work and live.

Social and Community Hub



SCHS
Sunraysia Community
Health Services



Our Service

We provide Social Support Groups for older people and people with a disability. These groups aim to assist people to remain living in their own home by providing a range of enjoyable and meaningful activities. Benefits include:

- Building skills for daily living;
- Spending time with other people
- Joining in with small groups; and
- Providing a chance for carers to relax, knowing that their loved one is in good hands.

Cost

There is a cost to access this service. Please contact the Social and Community Hub for more information.

Service Information

At the Social and Community Hub you can join in a range of activities including:

- Indoor/outdoor area for your enjoyment
- Puzzles, card games
- Gentle exercise programs
- Arts & Crafts
- Movies & Music
- Snooker/ Billiards
- Gardening
- Guest speakers & Entertainers
- Men's Shed program
- Access programs
- Social Support Programs in Nangiloc/Colignan and Millewa/ Werrimull



Eligibility

- Frail and aged people living alone
- Older people living with carers
- People with Dementia
- People with disabilities

Contact Information

My Aged Care (MAC):

www.myagedcare.gov.au

P: 1800 200 422

Social and Community Hub

P: 5021 1564

Sunraysia Community Health Services

www.schs.com.au

P: 5022 5444

**Social and Community
Hub is open:
Monday to Friday from
9:30 am - 3:00 pm**